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# Spring Charity Ball

with live music from *The Shakedown Band!*

We would like to invite you to the Out of the Blues Spring Ball. Out of the Blues is a charity that supports research into mood disorders.

## Why do we need Out of the Blues?

- ☺ Mental illness accounts for 19% of health problems in the UK but research into the causes and treatment of mental health conditions only receives 5% of the UK's annual research budget.
- ☺ For every patient suffering from **cancer, £1,571 is spent on research**. For every patient suffering from **mental illness, £9.75 is spent on research**.

The Spring Charity Ball is your opportunity to have fun and support an important cause.

### Grand Hotel Gosforth Park 7pm Friday 20 March 2020

Includes: welcome drink, four-course meal, music, dancing and of course, fundraising!

Tickets: £50/person

Tables of 8, 10 and 12 available

Patrick Keown,  
Consultant Psychiatrist in  
Rehabilitation and Recovery



Mandy Miller,  
Barrister in Family Law



Carly Flowers,  
Research Assistant  
in Bipolar Disorder



Meet the team  
organising the  
event!

Hamish McAllister-Williams  
Professor of Affective  
Disorders



Adi Sharma, Consultant  
Psychiatrist in Child &  
Adolescent Psychiatry



Sam Bulmer, Research  
Nurse in Affective  
Disorders



Nicol Ferrier,  
Emeritus Professor of Psychiatry



For more information and to book a table, visit:  
<https://mood-disorders.co.uk/outoftheblues/donate.html>  
or contact the team on: 0191 2081393

Special Rate  
Overnight Stay B&B  
£60/room