

NCMD Mood Disorders Meeting, Monday, 17th June 2019

- 09.00-09.30 **REGISTRATION**
- 09.30-09.45 **Introduction and Welcome**
Hamish McAllister-Williams
- 09.45-10.30 **Tailoring treatment to the patient**
David Cousins
- 10.30-11.00 **Mortality in severe mental illness, then and now**
Nicol Ferrier
- 11.00-11.30 **TEA AND COFFEE**
- 11.30-12.30 **Symposium – simple management of complicated depression**
Chair – Hamish McAllister-Williams
- **Alcohol co-morbidity in depression** - Sarah Troughton
 - **Exercise interventions in depression** - Alan Currie
- 12.30-13.30 **BUFFET LUNCH**
- 13.30-14.45 **Novel Treatments for Mood Disorders**
Chair – Alan Currie
- **Neurostimulation – Beyond ECT to VNS and TMS** - Hamish McAllister-Williams
 - **Using psychedelics - Psilocybin** – Wendy Hall
 - **The use of pro-dopaminergic treatments – Pramipexole** - Stuart Watson
- 14.45-15.15 **TEA AND COFFEE**
- 15.15-16.45 **Managing Bipolar Disorder**
Chair – Stuart Watson
- **Management of bipolarity: improving practice** - Richard Morriss, University of Nottingham
 - **Transitions for adolescents with Bipolar Disorder/The FAB Study** - Adi Sharma
- 16.45-17:00 **Final questions and closing remarks**
Hamish McAllister-Williams