

Northumberland
Tyne and Wear
NHS Foundation Trust



Northern Centre for Mood Disorders

R. Hamish McAllister-Williams,
Academic Lead, NCMD

What is NCMD?

- NCMD is an Academic Clinical Collaboration hosted by NTW Trust in collaboration with Newcastle University
- It is hoped that the collaboration will expand to additional health care providers and academic institutes
- NCMD is a virtual centre spanning a range of services, groups and individuals in a variety of physical locations

NCMD Aims

- To be an international centre of excellence in research into mood disorders
- To provide more hope to more people with mood disorders through an integration of clinical care for patients, research and public engagement
- Three main strands
 - Research
 - Education
 - Clinical care

Research

- The major goal of NCMD is to undertake cutting edge research in mood disorders
- To achieve this NCMD will:
 - Build on a major Northern England strength – population stability
 - Focus research on areas where the North of England has an international reputation and local strengths
 - Support the development of research strengths

Education

- An associated major goal of NCMD is to support and provide education
- This education will be aimed at:
 - Aspiring academics
 - Secondary care staff
 - Primary health care staff
 - The general public – Public Engagement

Public Engagement

- The aim is to:
 - Increase understanding of, and hence reducing stigma related to, affective disorders.
 - Promote membership of a **Research Register**
 - Promote a specific charity to support research into Mood Disorders in Northern England



Registered Charity for Research into Mood Disorders

Inaugural Public Meeting for the
Northern Centre for Mood Disorder (NCMD)
Sleep, Lithium and Bipolar Disorder
Wednesday 2nd December 5.00pm – 7.00pm
Hershel Building Newcastle University
THIS EVENT IS FREE AND OPEN TO ALL



- NCMD public events aim to:
1. Raise public awareness regarding mood disorders and related research
 2. Enable clinicians and researchers to meet together with the public
 3. Share and develop research through NCMD

ITINERARY

5-5.30pm Refreshments

5.30– 5.45 Dr Hamish McAllister Williams who is a Reader in Clinical Psychopharmacology, Newcastle University. Honorary Consultant Psychiatrist, NTW Trust. Introduction to the NCMD and the guest speakers.

5.45– 6.15 Dr David Cousins is an MRC Clinician Scientist and Consultant Psychiatrist. Locating Lithium.

6.15– 6.45 Dr Kirsty Anderson Consultant Neurologist . Dr Anderson has published widely and is one of the foremost sleep neurologists in the UK. She will talk about sleep and its relationship to mental health.

6.45 - 7.00 Questions and Close.

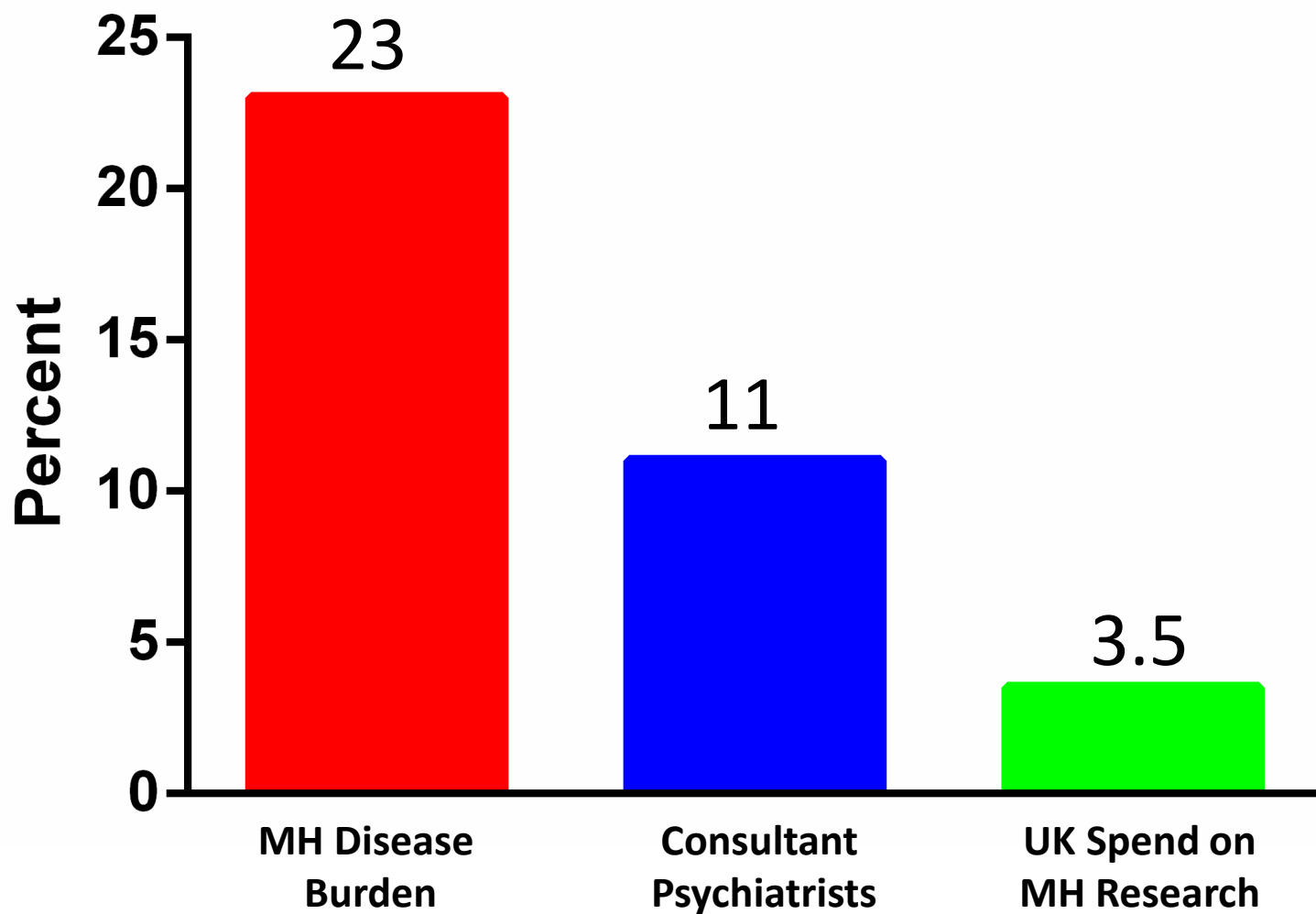
**If you would like further
information and to register please contact
Sam Bulmer Research Nurse on 0191 2081393 or
email samantha.bulmer@ncl.ac.uk or researchregister@ncl.ac.uk**

Clinical Care

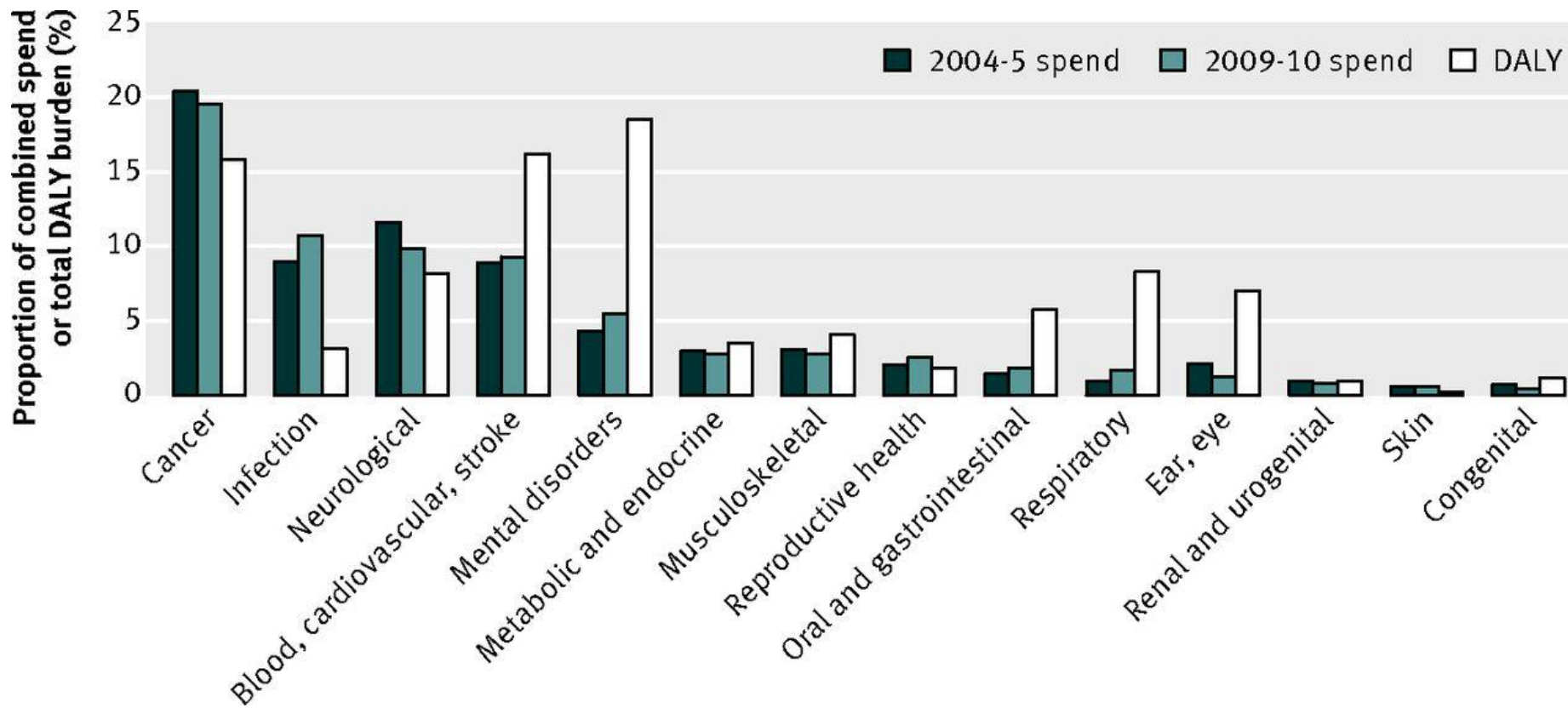
- Another associated major goal of NCMD is to improve the care of patients with mood disorders
- This will be achieved primarily through NCMD's educational activities
- NCMD will also support governance mechanisms to facilitate the use of cutting edge treatments
- NCMD will **NOT** provide direct patient care
 - RADS and ABS however are integral partners of NCMD

Why is NCMD need?

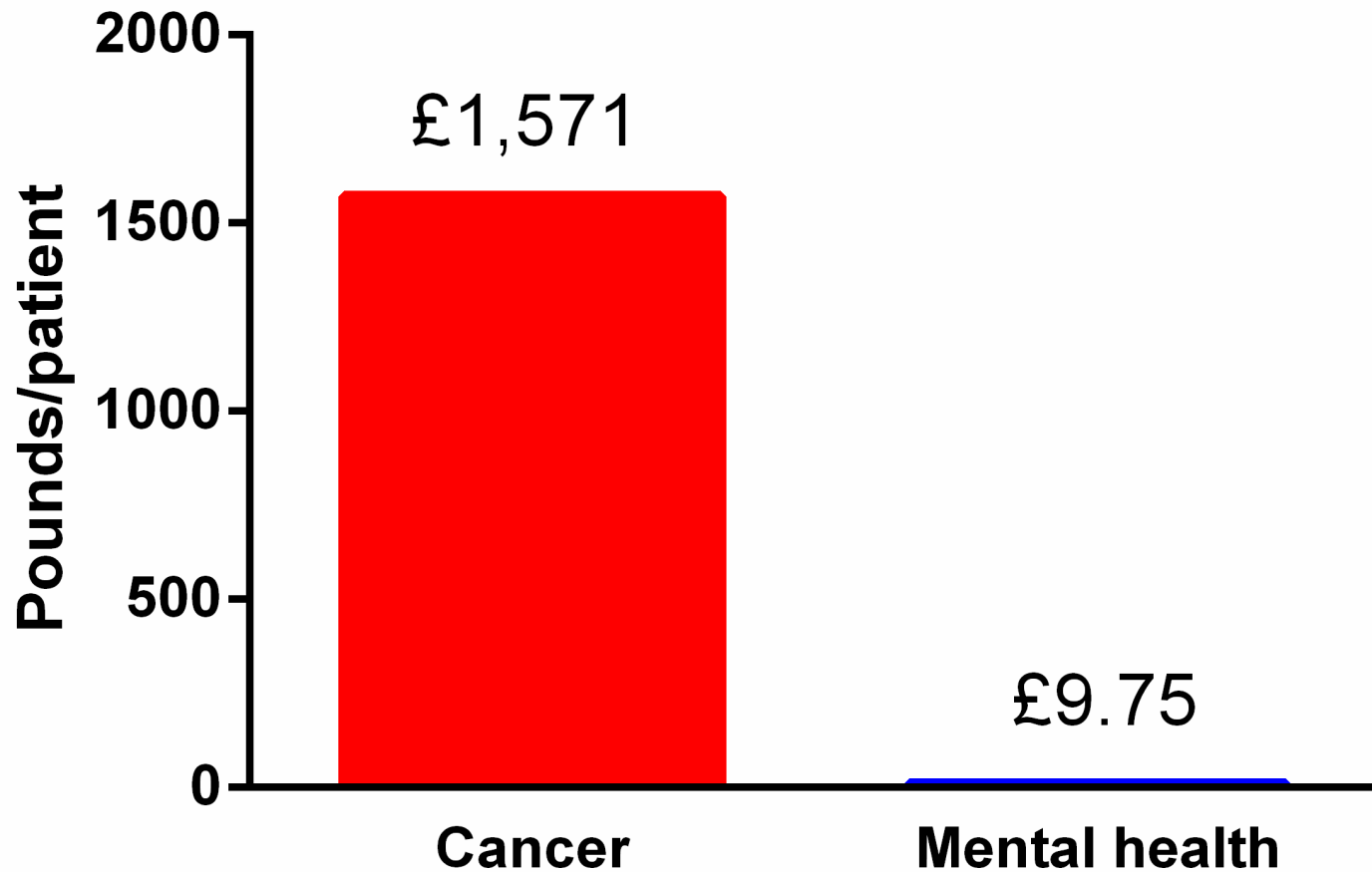
Mental Health Disease burden, Psychiatrists and Research Spend



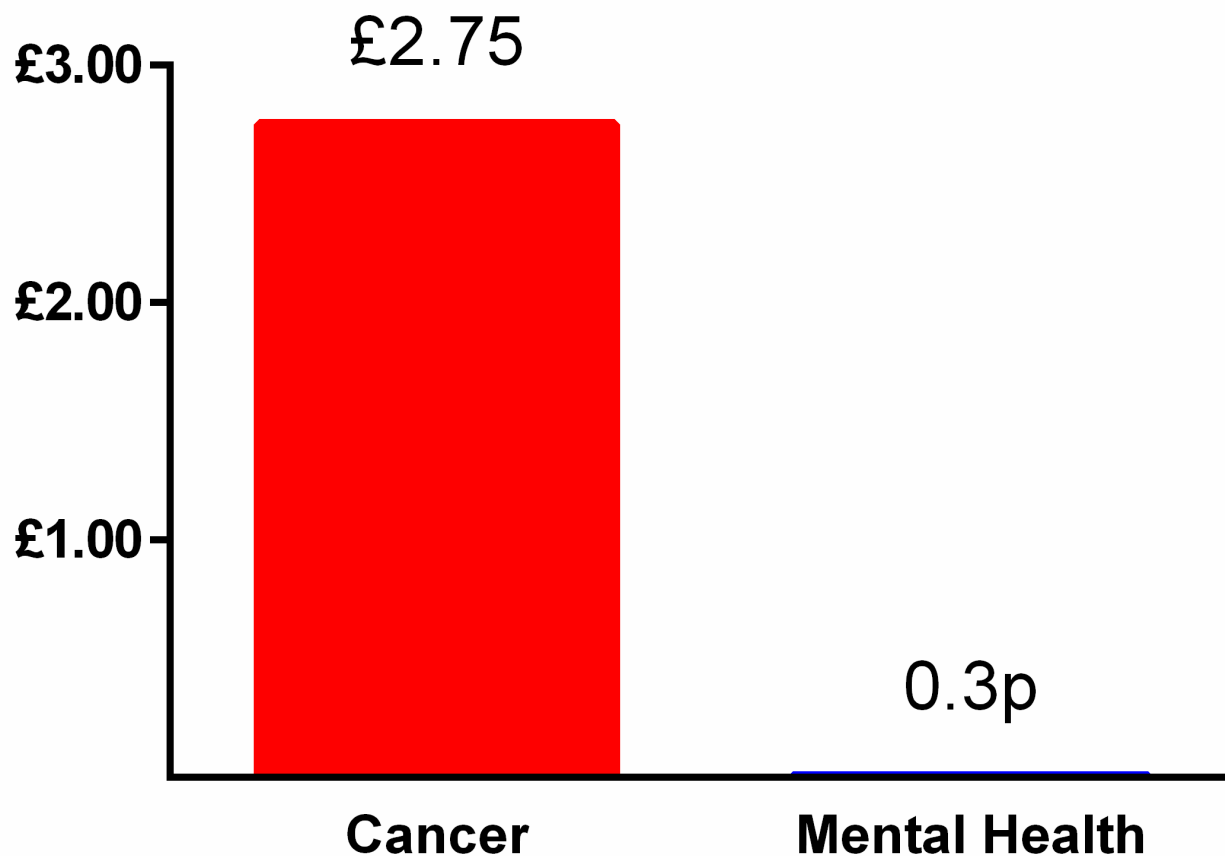
Spending on health specific categories by year compared with health burden



Pounds spent on research per patient affected



Money donated by the public for research per pound spent by government



What you can do for NCMD

- Encourage all patients, friends and relatives to sign up for the Research Register
- Help support **Out of the Blues**
- For more information go to:

www.mood-disorders.co.uk