

**Professor Hamish McAllister-Williams**  
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Dear Colleague,

13<sup>th</sup> December 2017

**Re: NCMD Third Annual Mood Disorders Meeting**  
**Friday, 2nd February 2018, MetroCentre Marriott Hotel, Gateshead**

It is with great pleasure that I extend an invitation to you to attend the third of what we hope will develop into an annual **Northern Centre for Mood Disorders (NCMD)** meeting.

NCMD was launched in 2015 with a remit to increase research into mood disorders, foster best clinical practice and support related educational activities for health care professionals and the general public.

The NCMD meeting for 2018 has been organised by myself and colleagues in Newcastle University and the Regional Affective Disorders Service aimed at consultant psychiatrists, associate specialists, senior trainees, nurses and pharmacists interested in mood disorders. This year there is a particular focus on Bipolar Disorder. The programme, developed with CPD in mind, is a mixture of reviews of cutting edge treatments and recent research findings of general clinical interest and relevance, providing a window on the work being conducted within NCMD.

Lundbeck has kindly agreed to support the running costs of the day but has had no role in the creation of the programme, or its content. Their support has allowed us to welcome Prof Daniel Smith from Glasgow. While the support from Lundbeck has allowed us to offset some of the costs of the meeting, they do not defer all costs. As a result, it is necessary for us to **charge £40 for attendance**. We would anticipate that you will be able to claim this from your study leave budget and suggests that this is an extremely cost effective way of obtaining 4.5 hours of quality CPD (subject to peer group approval). [TO BOOK YOUR PLACE PLEASE CLICK HERE FOR THE WEBSTORE LINK](#) or go to the NCMD Website at [mood-disorders.co.uk](http://mood-disorders.co.uk) and follow the links.

I look forward to seeing you on the 2<sup>nd</sup> February.

Yours,



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## NCMD Mood Disorders Meeting, Friday 2<sup>nd</sup> February 2018

09.00-09.30	Registration
09.30-09.40	<b>Welcome</b> Hamish McAllister-Williams
09.40-10.20	<b>What's new in the pharmacological treatment of bipolar disorder?</b> David Cousins
10.20-10.30	Q&A
10.30-11.00	Tea and Coffee
11.00-12.10	<b>RESEARCH SPOTLIGHT</b> <b>Bipolar disorder, sleep and cognition</b> Peter Gallagher  <b>Seeing lithium: An update of the BLISS study</b> David Cousins  <b>PAX-BD, mushrooms and magnets</b> Hamish McAllister-Williams
12.10-13.00	Buffet lunch
13.00-13.30	<b>Art and Madness</b>  Mary-Jane Tacchi
13.30-14.15	<b>Circadian rhythms and bipolar-related phenotypes in the UK Biobank cohort</b> Danny Smith (Glasgow)
14.15-14.45	Tea and Coffee
14.45-15.20	<b>Valproate in women of child bearing potential: efficacy, risks and alternatives</b> Jennifer Burgess
15.20-15.55	<b>Adolescent onset bipolar disorder and transition into adulthood</b> Adi Sharma
15.55-16.10	Questions and close
16.30-16.45	Close