

# EPICC-ID

Evaluation of **P**arent **I**ntervention for **C**hallenging Behaviour in **C**hildren  
with **I**ntellectual **D**isabilities



The **E**valuation of **P**arent **I**ntervention for **C**hallenging Behaviour in **C**hildren with **I**ntellectual **D**isabilities (EPICC-ID) is an exciting and new trial which is the first of its kind to evaluate the effectiveness and of Stepping Stones Positive Parenting Program (Stepping Stones Triple P) to reduce challenging behaviours in children aged 30 to 59 months with moderate to severe intellectual disability in the UK. The trial will evaluate whether, compared to treatment as usual, level 4 Stepping Stones Triple P (SSTP) delivered over 9 weeks, reduces challenging behaviour in children with intellectual disability at 12 months post randomisation.

Stepping Stones Triple P is a group intervention of nine sessions on positive parenting for parents of children with a developmental disability who display challenging behaviour. In the initial five sessions, parents learn how to use positive parenting strategies to develop good relationships with their children, encourage their children to learn new skills and develop independence, promote health, development and wellbeing, and to better understand and manage their child's challenging behaviours. The three follow-up telephone consultations assist parents to use positive parenting strategies at home and in the community while allowing them to discuss any concerns that they may have.

The study is a joint venture between University College London, Newcastle University, and Northumberland Tyne and Wear NHS Foundation Trust, in the North East. The study is also being run at three other sites in the UK, including North and South London, and Blackpool with Newcastle forming the fourth site. Recruitment is ongoing.

Inclusion	Exclusion
<ul style="list-style-type: none"><li>• Parents 18 years and over</li><li>• Child aged 30-59 months at identification</li><li>• Child has moderate to severe intellectual disability (ABAS GAC 40-69;37)</li><li>• Written informed consent by parent/caregiver</li><li>• Reports of challenging behaviour over a six month period, no less than two months</li></ul>	<ul style="list-style-type: none"><li>• Child has mild, profound or no LD/ID as identified by the ABAS</li><li>• Parent/carer has insufficient English language to complete study questionnaires</li><li>• Another sibling is taking part in the study</li></ul>